



WORLD CHAMPIONSHIP

Single Event 2024

Unequipped and Equipped

Hosted by the : WDFPF

contact : wim.backelant@telenet.be +32 495 460 8810

Friday 31 May SQUAT



Saturday 1st June BENCH



Sunday 2nd June DEADLIFT



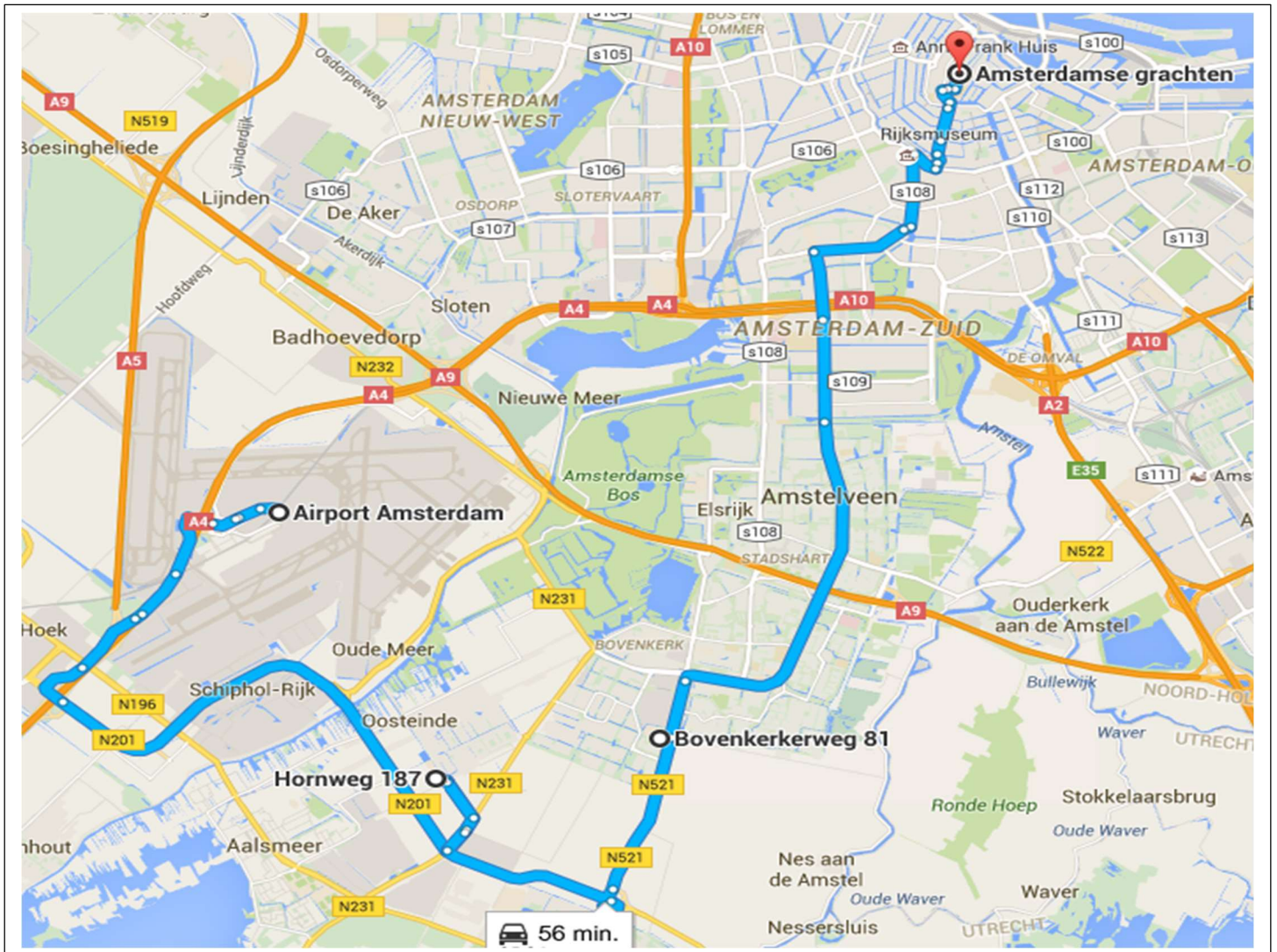
Location :

Where: " DE BLOEMHOF " Hornweg 187, Aalsmeer, Nederland 15 km from airport (15 min by car)



-Taxi's available at airport

City centre Amsterdam : 15 km from Hotel



Other airports :

Rotterdam "The Hague Airport" : 62 km (45 min by car)

Eindhoven 115 km (1u 20 min)

Brussel 191 km (2u 20 min)

Main Hotel-affiliated to the event: 15 KM away from Schiphol airport

AMSTERDAM HOTEL UITHOORN: www.hoteluithoorn.nl 6,2 KM from the venue

ONLY 34 ROOMS AVAILABLE BREAKFAST INCLUDED / EVENING DINER POSSIBLE

Negotiated rate for championship: 4.5 € City tax p/p/per night NOT INCLUDED

Single room (5) 95 € per night

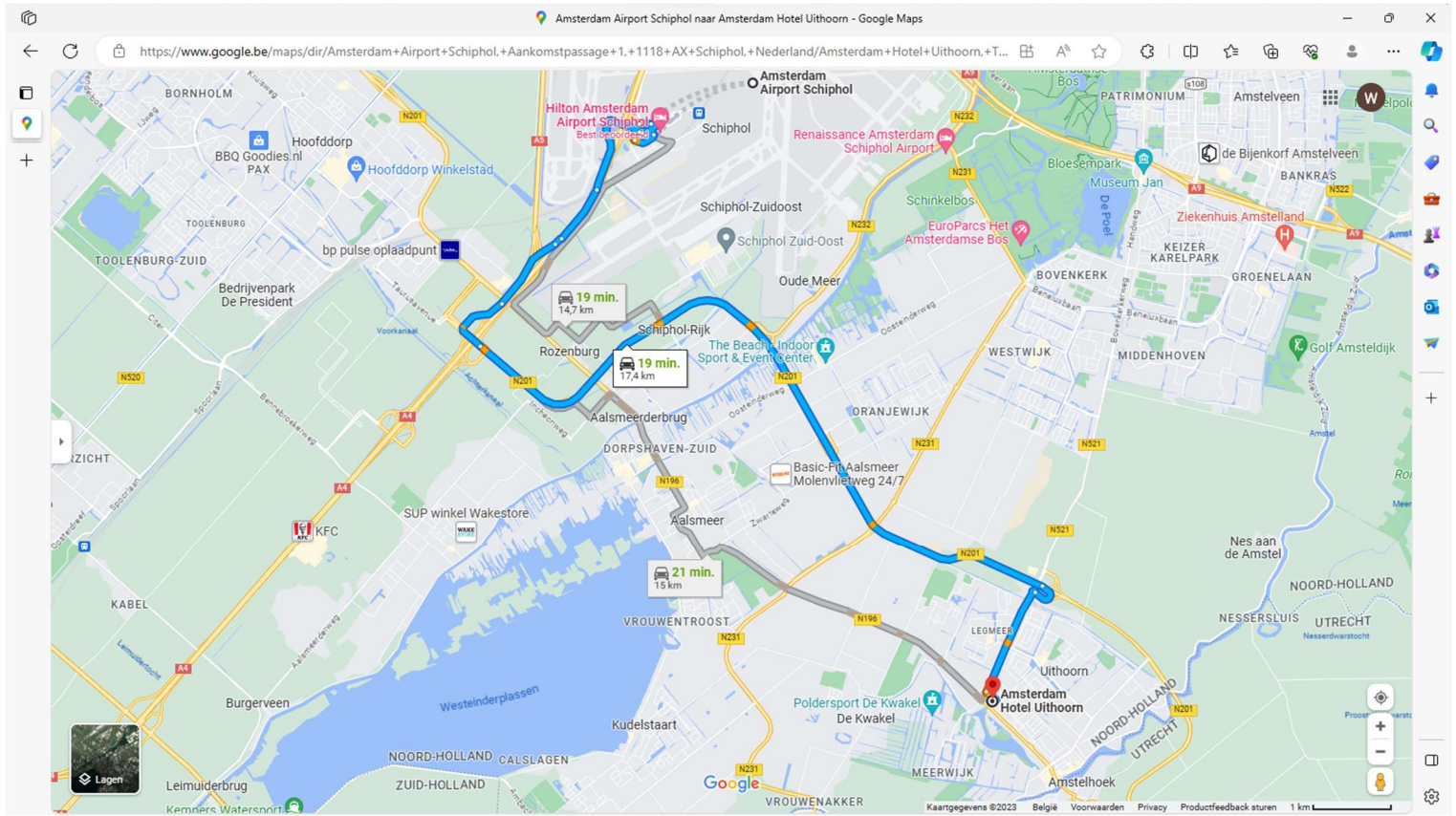
Twin room (19-22) 110

Triple room (6) 140

Family room 4P (5) 170

Reservations only thru : wim.backelant@telenet.be

Priority for those who stay more than 3 nights.



Public transport From Airport to event Hotel:

BUS 300 to Amstelveen stop station than BUS 347/348 to Uithoorn (200 m away from hotel)

Amsterdam city centre is 19 km from hotel, easy public transport available.

Additional Accommodation:

There are many hotels available in Amsterdam and local area, too many to list them all.

All different classes and prices, but ones closer to the city centre tend to be more expensive unless you find a deal online. June is a very busy time in Amsterdam because of the Flower auctions, so advice is to book a hotel asap.

Rooms at the AMSTERDAM HOTEL UITHOORN



Competition info

ENTRY DEADLINE 29 April 2024

Entry fees: 80 € for the first entry + each additional entry 35 €

All athletes receive: Trophy + free competition T – Shirt + participation certificate

Competition equipment: 2 complete Eleiko sets on 2 platforms

Warm up equipment: 2- 4 warm up sets

2 Scales for weighing

Registration: details will follow after entry deadline,

Thursday,

Friday,

Saturday

Schedule :

Friday 31 May : Squat UN & EQ (all athletes)

Weigh-in time will be announced after the entry deadline.

Start time will be announced after entry deadline.

Saturday 1st June : Bench UN & EQ (all athletes)

Weigh-in 07:30 – 09:00

Opening Ceremony 09:30 – 09:45

Start Competition 10:00

Sunday 2nd : Deadlift UN & EQ (all athletes)

Weigh-in 07:30 – 09:00

Start Competition 10:00